

## SYMPTOMS

High temperature



Runny nose



Cough



Sore red eyes



Rash



NHS

# Measles is circulating

- Measles is extremely infectious and can be serious
- Unvaccinated young children, pregnant women and people with weak immune systems are at greatest risk of severe health complications if they catch measles.
- Symptoms include:
  - high temperature (fever)
  - cold like symptoms such as runny or blocked nose, sneezing or coughing
  - sore, red, watery eyes
  - a blotchy red brown rash, which usually appears a few days after cold like symptoms (sometimes starts on the face before spreading to the rest of the body). The rash may be harder to see on darker skin tones.
  - small white spots inside cheeks and the back of lips (may appear for a few days)
- If you or your child have symptoms of measles, stay at home and phone your GP or NHS 111 for advice – as you could easily spread the virus to others
- If you need to visit your GP or hospital, call ahead to let them know that it could be measles – they will make special arrangements for your arrival to help keep other patients and staff safe.