

SYMPTOMS

Rash



High temperature



Runny nose



Sore red eyes



Cough



NHS

Measles:

Protect yourself and your family

- Measles, mumps and rubella (MMR) vaccination is the safest protection against measles.
- Two doses of MMR offers the best protection against measles and is free.
- If you have not had two doses of MMR, you can ask to get them from your GP surgery.
- Check to see whether your child has had their two doses just after their 1st birthday and again before starting school.
- For people who do not touch any pork products, there is a version of the MMR vaccine which does not use porcine gelatin in its production.
- Know the symptoms and keep people with symptoms away from others. Visit www.nhs.uk/conditions/measles for more measles information.

SPEAK TO YOUR GP IF:

- Your child or someone in your family has missed their first or second dose of the MMR vaccine.
- You or someone in your family show symptoms of measles.